

# Creativity — Brainstorming practice I

**Creativity can be learned.** The biggest mistake for beginners is trying to keep all of your ideas in your head. You are going to practise listing a large number of ideas in order to improve your creative skills.

- You will improve your ability to generate a large number of ideas.
- You will improve your ability to suspend judgement until after your idea is recorded. Most people stop good ideas while they are still in their mind.
- You will improve your ability to intentionally seek out unusual or specific ideas related to a topic.

Your topic today: **Things that are sharp, or that have made you angry or frustrated**

When you are finished, please count the number of ideas you generated: \_\_\_\_\_

# Creativity — Brainstorming practice II

**Creativity can be learned.** The biggest mistake for beginners is trying to keep all of your ideas in your head. You are going to practise listing a large number of ideas in order to improve your creative skills.

- You will improve your ability to generate a large number of ideas.
- You will improve your ability to suspend judgement until after your idea is recorded. Most people stop good ideas while they are still in their mind.
- You will improve your ability to intentionally seek out unusual or specific ideas related to a topic.

Your topic today: **Things that are curved, or that have surprised or confused you**

When you are finished, please count the number of ideas you generated: \_\_\_\_\_

# Creativity — Brainstorming practice III

**Creativity can be learned.** The biggest mistake for beginners is trying to keep all of your ideas in your head. You are going to practise listing a large number of ideas in order to improve your creative skills.

- You will improve your ability to generate a large number of ideas.
- You will improve your ability to suspend judgement until after your idea is recorded. Most people stop good ideas while they are still in their mind.
- You will improve your ability to intentionally seek out unusual or specific ideas related to a topic.

Your topic today: **Things that are disgusting, or that have made you anxious or afraid**

When you are finished, please count the number of ideas you generated: \_\_\_\_\_

# **Creativity** — Things that you wish would change

These words will be used to help you develop your idea for your painting. They will go towards your idea development mark.

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# Creativity — Things that inspire you

These words will be used to help you develop your idea for your painting. They will go towards your idea development mark.

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